

## **Adult Classes**

Fall 2010 - Spring 2011

**MAT PILATES** 

M 9am (Beginner) M 10am (Intermediate) W 9am (Beginner) Th 10am (All Levels) **HATHA YOGA** 

M 8:00pm (All Levels) Tu 6:30am (All Levels) F 9:30am (All Levels) BUY AN ADULT CLASS CARD

CARDS & CLASSES
DO NOT EXPIRE

ATTEND ANY or ALL CLASS TYPES

**BALLET** 

Tu 7:30pm (Beg-Int)

**TAP** 

W 8:30pm (Beg-Int)

JAZZ/LYRICAL

Th 8:30pm (Beg-Int)

Adults may attend any Level 4-5 class on the Youth Schedule with prior approval All Adult Classes are 1 hour and @ DXP1 (next to Starbucks)

START DANCING! JOIN ANYTIME!

512.373.8282

CALL TO RESERVE YOUR SPOT! GET FIT & HAVE FUN!

www. Dance Xplosion Austin. com

## Dance Xplosion Fall 2010 Spring 2011 Class Schedule

First Day: 8/30/10 Final Day: 5/28/11 (UPDATED: 02/14/11)
CLASS LEVELS: Please view the "Level Guide" on the Class Info page of our website

	MONDAY						TUESDAY						WEDNESDAY					
	Α	В	С	<b>D</b> - at DXP 2	E - at DXP 2		Α	В	С	D - at DXP 2	E - at DXP 2		Α	В	С	<b>D</b> - at DXP 2	E - at DXP 2	
9am- 10am	Creative Dance 2-3yr (T) *T	*Adult Mat Pilates (M) Beginner		Creative Dance 3-4yr (J)		9am- 10am	(KS) Op	t Yoga ben level ':30AM				9am- 10am	Creative Dance 3-4yr (H) *Mor	*Adult Mat Pilates (M) Open Level	1-day			9am- 10am
10am- 11am	Creative Dance 3-4yr (T) *T	*Adult Mat Pilates (M) Int Adv.	Creative Dance			10am- 11am				Creative Dance 2-3yr (H) *Mor	Creative Dance 4-5yr (Mel)	10am- 11am	Parent & Me Dance 2-3yr (H)	Creative Dance 4-5yr (T)	Creative Day Out Program (Wed. Only)			10am- 11am
11am- 12pm	Hip Bop & Tumble 3.5-4.5 yr (T) 11-11:45am		2-3yr (Mel) *T			11am- 12pm				Superhero Tumble 3-5 yr (H) 11:15-12noon	Creative Dance 3-4yr (Mel) *Mor	11am- 12pm		Creative Dance 2-3yr (T)	9:30am-noon (Mel)			11am- 12pm
12pm- 1pm						12pm- 1pm						12pm- 1pm						12pm- 1pm
1pm- 2pm						1pm- 2pm						1pm- 2pm						1pm- 2pm
2pm- 3pm						2pm- 3pm						2pm- 3pm						2pm- 3pm
3pm- 4pm		Creative Dance	Creative Dance 2-3yr (M) *Al	Creative Dance 3-4yr (A) *T	Advanced Tap 1 7-10yrs (T) 3:15-4pm	3pm- 4pm	Ballet 1	Music Theatre 1	Lyrical 2	Creative Dance	Intro B/T/J	3pm- 4pm	Hip Hop 1 6-8 yr	Intro to Music	Creative Dance	Mini Co	ompany	3pm- 4pm
4pm- 5pm	Jazz/Tap 1 6-8yr (S)	4-5yr (J)*Sa Intro B/T/J			Company I (A) *T	4pm- 5pm	6-8 yr (J)	6-8 yr (T) Ballet 2	9+yr (H)  Lyrical 1	4-5yr (S) *Sa Creative	5-6yr (A) *KK	4pm- 5pm	(H)	5-6.5yrs (T)	3-4yr (Mel)	Rehearsal Advanced	(A) *M Ballet 1	4pm- 5pm
5pm- 6pm	Music Theatre 1 6-8 yr (D)*Sa	5-6yr (J) *Al	Boys HipHop 5-7.5 yr (S)	Leaps/Turns 2 9+ yr (A)	Leaps & Turns 1	5pm- 6pm	Broadway Company Rehearsal (M)	9-12 yr (A)	7+yr (H) 6 w/approval	Dance 2-3yr (Sa) *KK	Hip Hop 1 6-8 yr (S)	5pm- 6pm	5-6yr (H)	Jazz 2 9-12yrs (S)	Tap 3-4 (T)	Ballet 1 7-10yrs (M) by approval	6-8 yr (A) *Mor	5pm- 6pm
6pm-	Music Theatre 2	Creative Dance 4-5yr (M)*Al	Boys HipHop 8-10 yr	8yr w/app.	6-8yr (T) ompany earsal	6pm-	Jazz 2 9-12yrs (T)		Hip Hop 2 9-12 yrs (H)	5:45	let 4 -7pm N)	6pm-	Ballet 2 9-12 yr (M)	Hip Hop 1 6-8 yr (S)	Tap 2 9-12yrs (H)	Sparklers Rehearsa		6pm-
7pm 7pm-	9+ yr (D)*Sa  Drill Prep 1		(H) Hip Hop 4-5	(A)	*T	7pm 7pm-		let 3 0pm (M)	Music Theatre 2 9+ yr (T)			7pm 7pm-	Jazz 2 12+yrs (A) *N	Jazz 2 9-12yrs (S)	Tap 4-5 (N)	Music Theatre 2 9+ yr (T)	Leaps & Turns 3 (Mor)	7pm
8pm			(S)	Rehe	Company earsal *T	8pm	Jazz 3 (N) *Sa		*Adult Ballet (J)		ny Rehearsal (A, T, M)	8pm	Ballet 2 12+yrs	Hip Hop 3 (S)	Jazz 4-5 7:30-8:45pm			8pm
			*Adult Yoga (KS) Open Level			8pm- 9pm			HighBegInt.			8pm- 9pm	(Mel) *N  *Adult  Tap (N)		(N&Mor)			8pm- 9pm
9pm- 10pm						9pm- 10pm						9pm- 10pm	HighBegInt.					9pm- 10pm

DXP 1 is located in Escarpment Village near Starbucks \* \* \* \* DXP 2 & Bright Lights Dancewear open August 2010 across the street from DXP 1, near HEB & next to Bank of America

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First Day: 8/30/10 Final Day: 5/28/11 (UPDATED: 02/14/11)
CLASS LEVELS: Please view the "Level Guide" on the Class Info page of our website

	THURSDAY						FRIDAY						SATURDAY					
	Α	В	С	<b>D</b> - at DXP 2	E - at DXP 2		Α	В	С	<b>D</b> - at DXP 2	E - at DXP 2		Α	В	С	<b>D</b> - at DXP 2	E - at DXP 2	<u> </u>
9am- 10am	Creative Dance 2-3yr (M)*Sa					9am- 10am		t Yoga				9am- 10am	Creative Dance 3-4yr (Mel) *N	Creative Dance	Creative Dance 4-5yr (J) *Mor	Creative Dance 2-3yr (N) *KK	Intro B/T/J 5-6yr (E)	9am- 10am
10am- 11am	Creative Dance 3-4yr (T)*Sa	*Adult Mat Pilates (M) Open level				10am- 11am	(KS) Op	en level				10am- 11am	Intro B/T/J 5-6yr (Mel) *N	2-3yr(M)*Sa 9:15-10:15 Creative Dance	Creative Dance 2-3yr (J) *Mor	Creative Dance 4-5yr (E) *KK	Jazz/Tap 1 6-8yrs (N)	10am- 11am
11am- 12pm	Creative Dance 4-5yr (Sa)					11am- 12pm						11am- 12pm	Ballet 1 6-8 yrs (J) *N	3-4yr(M)*Sa 10:15-11:15 Music Theatre 1	Creative Dance 4-5yr (Mel)	Hip Bop & Tumble 3.5- 4.5yr (Mor) 11-11:45am	Hip Hop 1	11am- 12pm
12pm- 1pm						12pm- 1pm						12pm- 1pm		6-8 yr(M)*KK 11:15-12:15			6-8 yrs (N)	12pm- 1pm
1pm- 2pm						1pm- 2pm						1pm- 2pm						1pm- 2pm
2pm- 3pm						2pm- 3pm						2pm- 3pm						2pm- 3pm
3pm- 4pm	Pre-hop 4.5-5.5 yr (H) 3:15-4pm	Advanced Jazz 1	land/Tan 4	Creative Dance	Ballet 2	3pm- 4pm	Creative Dance	Intro B/T/J	Ballet 1 6-8 yrs (Mel)	Advanced Ballet 1	Adv. Tap 1 7-10yrs (Mor) 3:15-4pm	3pm- 4pm						3pm- 4pm
4pm- 5pm	Jazz/Tap 1 6-8yr (H)	7-10yrs (N) by approval Advanced Tap 1	Jazz/Tap 1 6-8yr (M)	4-5yr (A)*E  Intro B/T/J	9-12 yr (J) Tap 2	4pm- 5pm	2-3yr (N)  Jazz 1 9-12 yrs	5-6yr (T) *Al Creative Dance	*N **Pre-hop 4.5-5.5 yr (T)	7-10yrs (J) by approval Advanced Jazz 1	Jazz/Tap 1 6-8yr (Mor)	4pm- 5pm						4pm- 5pm
5pm- 6pm	Ballet 1	7-10yrs (N) 4:30-5:15 Pointe 1 w/approval	15 min open time Intro/Pre- Pointe	5-6yr (A)*E	9-12yrs (T)	5pm- 6pm	(N) Hip Hop 2	3-4yr (Mel) *Al Creative Dance	*N 4:30-5:15pm Intro B/T/J	7-10yrs (J) by approval Creative	Intro B/T/J	5pm- 6pm						5pm- 6pm
6pm- 7pm	6-8 yr (N)	(J) 5:15- 6:15pm	w/approval (M) 5:15-6:15pm	Rehe	earsal *T  Ballet/Jazz 1	6pm- 7pm	9-12 yrs (N)	4-5yr (Mel) *Al	5-6yr (T) 5:15-6:15pm	Dance 2-3yr (J) *Mor	5-6yr (A) *E	6pm- 7pm						6pm- 7pm
7pm- 8pm	Lyrical / Contemporary 4-5 (T)		(T)	Turns 1-2 for 11+yrs (M)	12+yrs (Mel)	7pm- 8pm						7pm- 8pm						7pm- 8pm
8pm- 9pm			& Turns 3 (Mi)			8pm- 9pm						8pm- 9pm						8pm- 9pm
9pm- 10pm	Point w/approv	e 2-3 /al (M)	Lyrical (Mi) HighBegInt.			9pm- 10pm						9pm- 10pm						9pm- 10pm

<sup>\*\*</sup>IMPORTANT: Check with the front desk for class availability. There are a limited # of spaces in each class