



## Fall 2012 – Spring 2013 Class & Level Guide

**NOTE:** This list is simply a *GUIDE*. Talk to DXP staff for assistance choosing class levels. All ages below are guidelines for enrollment purposes. An instructor may feel it is necessary to change a student’s level to best meet her/his needs as a developing dancer.

**IMPORTANT:** Dancers must be the class’ minimum age by the first day of the Summer Session.

### **STEP 1:** DETERMINE YOUR CLASS LEVEL

Determine the level class your dancer should be in based on the # of FULL school years of dance (specific to the style you want to enroll in) your dancer has had since age 5.

- LEVEL 1 = 0-3 yrs experience / minimum age 6
- ADV. 1 = 3+ yrs experience / only ages 7.5-10 (2yrs exp. w/recommendation from teacher)
- LEVEL 2 = 3+yrs experience / minimum age 9
- LEVEL 3 = 5+yrs experience / minimum age 11
- LEVEL 4 = 6+yrs experience / minimum age 12
- LEVEL 5 = 7+yrs experience / minimum age 12

**NOTE:** Some classes have combined levels. For example, “Tap 1-2 for 11+yrs” covers levels 1 & 2 for dancers who are 11 years and older.

### **STEP 2:** FIND THE LEVEL CLASS YOU NEED FOR YOUR SPECIFIC AGE GROUP

Look at the list below to determine which class is appropriate for your dancer. THEN find this exact class on the class schedule for days/times.

## **CREATIVE DANCE & PRE-SCHOOL/KINDER CLASSES**

*\*Reminder: Must be the class’ minimum age by the first day of the class session.*

Parent & Me	2-3yrs (Mom or Dad are in the room)
2-3 year CD	New to the dance world ☺
3-4 year CD	3’s w/ 1yr experience, older 3’s, and 4’s new to dance
4-5 year CD	4’s w/ 1yr experience, older 4’s, and 5’s new to dance
Intro Ballet/Tap/Jazz	5’s w/ 1yr experience, older 5’s, and 6’s new to dance
Intro Musical Theatre	4.5-5.5yrs – age based
Superhero Tumble	3-5yrs – age based
Toddler Bop	2-3yrs – age based
Hip Bop & Tumble	3.5-4.5yrs – age based
Pre Hop	4.5-5.5yrs – age based

## **BALLET**

Ballet 1	6-8yrs	Ballet 2	9-12yrs
Home School Ballet 1	6-8yrs	Ballet 2	12+yrs
Home School Ballet 1	9-12yrs	Ballet 3	11+yrs
Adv. Ballet 1	7.5-10yrs	Ballet 4	12+yrs
Ballet/Jazz 1	9-12yrs	Ballet 5	13+yrs
Ballet/Jazz 1	13+yrs		



## **JAZZ**

Jazz/Tap 1	6-8yrs	Jazz 2	13+yrs
Home School Jazz/Tap 1	9-12yrs	Jazz 2	12+yrs
Adv. Jazz 1	7.5-10yrs	Jazz 3	11+yrs
Ballet/Jazz 1	9-12yrs	Jazz 4-5	12+yrs

## **TAP**

Jazz/Tap1	6-8yrs	Tap 2	9-12yrs
Adv. Tap 1	7.5-10yrs	Tap 3	11+yrs
Tap 1-2	11+yrs	Tap 4-5	11+yrs

## **LYRICAL / CONTEMPORARY**

*No level 1 Lyrical			
Adv. Lyrical/Contemporary 1	7.5-10yrs	Lyrical/Contemporary 3	11+yrs
Lyrical/Contemporary 1-2	11+yrs	Lyrical/Contemporary 4-5	12+yrs
Lyrical/Contemporary 2	9-12yrs		

## **HIP HOP**

Hip Hop 1	6-8yrs	Hip Hop 3-5	11+yrs
Adv. Hip Hop 1	7.5-10yrs	Boys Hip Hop	5-7yrs – age based
Hip Hop 1	9-12yrs	Boys Hip Hop	8-10yrs – age based
Hip Hop 2	9-12yrs		

## **LEAPS & TURNS**

Leaps&Turns 1	6-8yrs	Leaps&Turns 2	11+yrs
Adv. Leaps&Turns 1	7.5-10yrs	Leaps&Turns 3	11+yrs
Leaps&Turns 1	11+yrs	Leaps &Turns 4-5	12+yrs
Leaps&Turns 2	9-12yrs		

## **STRETCH, STRENGTH & CONDITIONING**

Intermediate/Advanced 1	11+yrs
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## **MUSICAL THEATRE**

Musical Theatre 1	6-8yrs – age based	Musical Theatre 2	9+yrs – age based
Musical Theatre 1	9+yrs – age based	Musical Theatre 3	11+yrs – age based

## **DRILL**

Drill Prep 1	grades 6+, 0-3 years of any dance experience
Drill Prep 2	grades 6+, 3+ years of any dance experience

## **POINTE**

-Enrollment in the pointe program is by instructor approval and these classes follow their own level system.  
-A pointe class MUST be taken in conjunction with a general ballet class.

**Pre/Intro to Pointe 1 10+yrs** (Only by teacher recommendation)

This class is a combination of dancers who are beginners in the pre-pointe program dancing in soft shoes along with dancers who are beginners in the pointe program dancing in pointe shoes.

**Pre/Intro to Pointe 2 11+yrs** (Only by teacher recommendation)

This class is a combination of dancers who are at an intermediate level in the pre-pointe program, dancing in soft shoes along with dancers who are high-beginners in the pointe program, dancing in pointe shoes.

**Pointe 1-3 12+yrs** (Only by teacher recommendation)