



SUMMER INTENSIVES 2013

Ages 6-18

1-day Summer Intensives are designed for the dancer who desires an extra challenge and wants to strongly develop their overall dance, technique and performance skills. Intensives are instructed by experienced DXP staff and/or a variety of special guest instructors. The intensives will not only educate but will also inspire and motivate each dancer to set goals and work hard so that they can achieve their dance and performance aspirations.

****All intensives are 1-day from 9am-5pm @ DXP1****

\$80/Intensive

Receive \$5 off each additional intensive if you enroll in multiple intensives during Summer 2013 (*1st intensive is full price*).

*Discount is based on a per-student basis and not a combination of siblings

50% deposit AND completed "Camp/Intensive Reg. Pkt." are required to hold a spot

Balance due BEFORE the intensive begins. All payments are non-refundable.

Intensives must have 6 students to "make". Money will be refunded if an intensive doesn't meet required #'s.

LEVELS:

- Intensives are not intended to be a dancer's first **studio** class experience. They are designed to challenge dancers who already have formal studio training.
- The 6-8 year old intensives are age based. 9+yrs and 13+yrs are the minimum ages for the older intensives.

6-8yr old intensives - At least 2yrs **studio** training (High-Beginner)

9+yr old intensives - At least 4yrs **studio** training (Intermediate)

13+yr old intensives - At least 6yrs **studio** training (High-Int. to Advanced)

Ex. A 14yr old with 4 yrs dance experience would register for the 9+yrs intensive.

LOCATION:

1-day intensives are located at "DXP1". This is our studio located at 9600 Escarpment Blvd. Suite#750, four doors away from Starbucks, between Post Mark'd and Circle C Dental.

WHAT TO WEAR & BRING:

All Intensives:

- A few healthy snacks and a water bottle
- A sack-lunch & lunchtime drink

All Intensives, excluding Ballet:

- Hair pulled back away from the face and no jewelry.
- Any color, form fitting dance attire (i.e. tights, leotard, fitted tank top, dance shorts).
- All dance shoes - Must have at least jazz shoes.

**Totally Technique & The Convention Experience also need ballet & tap shoes*

Ballet Intensive:

- Hair tightly secured in a proper bun and no jewelry.
- Any solid color/style leotard and pink or black tights.
- Optional: Flat ballet skirts (no tutus), fitted shorts, leg warmers, ballet shrugs
- Ballet shoes. Pointe shoes are optional for older dancers with at least 1 full year on pointe.

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The Convention Experience

9+yrs

Friday, June 14 / 9am-5pm @ DXP1 (studios A&B)

This intensive is designed to feel like a high energy, action packed, 1-day dance convention. The only difference is that we will bring the excitement straight to you, in DXP studios, instead of you having to make the trip to a hotel. You will spend the day learning choreography in jazz, contemporary, tap, hip hop and musical theatre. Guest Faculty (TBA soon) will be included in this not to missed 1-day event.

Drill Team Intensive

12+yrs (6th grade+)

Friday, July 12 / 9am-5pm @ DXP1 (studios A&B)

Whether you want to try out for drill team in the future, you're currently on the team and want to polish your technique so you make every routine, or you just love to dance and have fun, this intensive is a must. Students will practice drill precision and kick technique, turns and leaps, learn ways to develop greater flexibility, and gain knowledge on how to be successful at auditions. Students will participate in a mock audition and receive constructive feedback to better prepare themselves for actual drill team auditions. Guest Instructor TBA soon!

Totally Technique

9+yrs

Friday, July 19 / 9am-5pm @ DXP1 (studios A&B)

13+yrs

Friday, June 28 / 9am-5pm @ DXP1 (studios A&B)

It is critical that dancers have a strong technical foundation before incorporating and applying those skills into choreography. This day will focus solely on just that – technique! You will learn and practice ways to improve balance, posture, flexibility, leaps, turns, turnout, pointed toes, strength in movement, extension and much more. This will be a crash course day full of useful lessons that will take your dancing up to the next level.

Ballet Intensive

6-8yrs

Friday, July 26 / 9am-5pm @ DXP1 (studio C)

9+yrs

Friday, June 28 / 9am-5pm @ DXP1 (studio C)

13+yrs

Friday, July 19 / 9am-5pm @ DXP1 (studio C)

Ballet technique is the foundation for all other forms of dance movement. All dancers benefit from a sound, working knowledge of ballet technique. Spend a day focusing on your ballet technique and all that it encompasses. There will be a variety of technique classes, variations classes and dance discussions. Discussions will focus on terminology, the history of ballet and how to keep your body safe and healthy as a dancer. Additionally, in the 6-8yr intensive we will discuss what "dancing en pointe" means. In the 9+yr intensive we will discuss ways to prepare your body for pointe. In the 13+yr intensive we will discuss how to properly take care of your feet and pointe shoes, etc.